

The Three Jewels,
What Three Jewels are?
When I answers need,
they my refuge are.

Buddham Saranam Gacchami
Dhammam Saranam Gacchami
Sangham Saranam Gacchami

In awakened mind for refuge, I go.
In learning for refuge, I go.
In community for refuge, I go.

Buddham Saranam Gacchami
Dhammam Saranam Gacchami
Sangham Saranam Gacchami

Buddha, your awakened mind, is.
Dhamma, teachings of the world, is.
Sangha, a meditation community, is.

Buddham Saranam Gacchami
Dhammam Saranam Gacchami
Sangham Saranam Gacchami

from my higher self for answers, I go.
from the teachings of the world for answers, I go
from my meditation community for answers, I go

Buddham Saranam Gacchami
Dhammam Saranam Gacchami
Sangham Saranam Gacchami

If you for refuge to three jewels, go too,
then you a Buddhist, are too,
sing it with me, can too.

Buddham Saranam Gacchami
Dhammam Saranam Gacchami
Sangham Saranam Gacchami (x3)